
Appendix B

Survey – Conduct the following survey on classmates and parents
Draw some conclusions from the information you have gathered

Name	Do you eat breakfast?	If you eat breakfast, do you eat or drink the following (answer Y or N)					
		Cereal	Toast	Yoghurt	Fruit	Milk	Other
1.							
2.							
3.							
4.							
5.							
6.							
7.							
8.							
9.							
10.							
Total							

Looking at the Results:

1. How many people eat breakfast? _____
2. How many people have cereal for breakfast? _____
3. How many people have fruit for breakfast? _____
4. What is the most common breakfast food on your chart? _____
5. What do you eat for breakfast? _____
6. How many people eat the same breakfast as you? _____

Describe your findings in words

List 3 reasons why you and your friends might eat different food at home
